

European Journal of Chemistry

Journal homepage: www.eurjchem.com

Micellar high performance liquid chromatographic determination of Itraconazole in bulk, pharmaceutical dosage forms and human plasma

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ARTICLE INFORMATION



DOI: 10.5155/eurjchem.5.1.11-17.885

Received: 25 July 2013 Received in revised form: 13 August 2013 Accepted: 13 August 2013 Online: 31 March 2014

KEYWORDS

Stability Itraconazole Anti-fungal drugs Method validation Micellar liquid chromatography Optimization and system suitability

1. Introduction

Itraconazole (ITC), is a triazole compound, chemically described as (2R,4S)-*rel*-1-(butan-2-yl)-4-{4-[4-(4-{[(2R,4S)-2-(2,4-dichlorophenyl)-2-(1*H*-1,2,4-triazol-1-ylmethyl)-1,3-dioxo lan-4-yl]methoxy}phenyl)piperazin-1-yl]phenyl}-4,5-dihydro-1*H*-1,2,4-triazol-5-one (Figure 1). It is an orally active antifungal drug and extensively metabolized in the liver by the cytochrome P450 isoenzymes. ITC inhibits fungi ergosterol synthesis. Depletion of ergosterol in fungal membrane disrupts the structure and many functions of fungal membrane leading to inhibition of fungal growth [1].



Figure 1. Chemical structure of ITC.

ITC bulk drug is official in British pharmacopeia [2] and in European pharmacopeia [3] and assayed using non-aqueous titration.

ABSTRACT

A micellar liquid chromatographic method was developed for determination of Itraconazole in bulk, dosage form and human plasma using μ Bondapack cyano column and a mobile phase consisting of 0.1 M sodium dodecyl sulphate, 20% 1-propanol, 0.3% triethylamine in 0.02 M orthophosphoric acid (pH = 3.5). The UV detection was achieved at 258 nm. Various chromatographic parameters were studied, e.g. types of columns, pH of mobile phase, concentration of sodium dodecyl sulphate, 1-propanol, triethylamine, etc .The method was linear over the concentration range 16.4-320.0 μ g/mL with regression coefficient 0.999 and limit of detection 5.4 μ g/mL in bulk. Inter and intra-day results showed %RSD < 1.49%. The result obtained by the proposed method was compared with that obtained by the reference HPLC technique. Furthermore, the proposed method was successfully applied as stability-indicating method for determination of Itraconazole under different stressed conditions. The method showed good selectivity, repeatability, linearity and sensitivity according to the evaluation of the validation parameters.

Many methods for analysis of the cited compound have been reported, e.g. high pressure liquid chromatography (HPLC) [4-12], liquid chromatography-mass spectrometry (LC-MS-MS) [13-16], electrokinetic chromatography [17], micellar electrokinetic chromatography [18], capillary electrophoresis [19,20] and spectrophotometric methods [21,22]. In reverse phase high-performance liquid chromatography (RP-HPLC), each component interacts with the stationary phase in a different manner depending upon its polarity and hydrophobicity. Thus, a separation of components is achieved based on polarity. The addition of micelles to the mobile phase introduces a third phase into which the solutes may partition.

Micellar liquid chromatography (MLC) is a form of reversed phase liquid chromatography that uses an aqueous micellar solutions as the mobile phase. The use of micelles in high performance liquid chromatography was first introduced by Armstrong and Henry in 1980 [23]. The technique is used mainly to enhance retention and selectivity of various solutes that would otherwise be inseparable or poorly resolved. Micelles are composed of surfactant, or detergent, monomers with a hydrophobic moiety, or tail, on one end, and a hydrophilic moiety, or head group, on the other. The polar head group may be anionic, cationic, zwitterionic, or non-ionic. The most commonly used surfactant in MLC is the anionic sodium dodecyl sulphate (SDS). When the concentration of a surfactant

European Journal of Chemistry

ISSN 2153-2249 (Print) / ISSN 2153-2257 (Online) © 2014 Eurjchem Publishing - Printed in the USA http://dx.doi.org/10.5155/eurjchem.5.1.11-17.885 in solution reaches its critical micelle concentration (CMC), it forms micelles which are aggregates of the monomers. The CMC is different for each surfactant, as is the number of monomers which make up the micelle, termed the aggregation number (AN). In MLC, there are three partition coefficients which must be taken into account. The solute will partition between the water and the stationary phase, the water and the micelles, and the micelles and the stationary phase, so gives a large versatility to this technique and make it appropriate for a wide range of solutes that can be separated in one run.

Many of the characteristics of micelles differ from those of bulk solvents. For example, the micelles are, by nature, spatially heterogeneous with a hydrocarbon, nearly anhydrous core and a highly solvated, polar head group. They have a high surfaceto-volume ratio due to their small size and generally spherical shape. Their surrounding environment (pH, ionic strength, buffer ion, presence of a co-solvent, and temperature) has an influence on their size, shape, critical micelle concentration, aggregation number and other properties.

The main limitation in the use of MLC is the reduction in efficiency (peak broadening) that is observed when purely aqueous micellar mobile phases are used [24]. Several explanations for the poor efficiency have been theorized. Poor wetting of the stationary phase by the micellar aqueous mobile phase, slow mass transfer between the micelles and the stationary phase, and poor mass transfer within the stationary phase have all been postulated as possible causes. To enhance efficiency, the most common approaches have been the addition of small amounts of organic modifiers, particularly alcohol, and increasing the column temperature. Care needs to be taken when determining how much organic to add. Too hig a concentration of the organic may cause the micelle to disperse, but a generally accepted practice is to keep the volume percentage of organic below 15-20%.

Despite the reduced efficiency verses RP-HPLC, hundreds of applications have been reported using MLC. One of the most advantageous is the ability to directly inject physiological fluids. Micelles have an ability to solubilize proteins which enables MLC to be useful in analyzing untreated biological fluids such as plasma, serum, and urine. MLC is a better choice than ion-exchange LC or ion-pairing LC for separation of charged molecules and mixtures of charged and neutral species. Analysis of pharmaceuticals by MLC is also gaining popularity. Another novel application of MLC involves the separation and analysis of inorganic compounds, mostly simple ions. This is a relatively new area for MLC.

The aim of this work is to perform more accurate, reliable, fast and validated MLC method for determination of ITC in bulk, dosage form and spiked human plasma with a simple and rapid sample preparation especially for the routine analysis. Different chromatographic parameters were investigated to select the optimum conditions for the separation and for applying as stability-indicating method for determination ITC under different stress conditions. The result obtained by the proposed method was compared with that obtained by the hPLC technique [2]. The method was validated according to the international conference on harmonization guidelines (ICH) [25].

2. Experimental

2.1. Materials

ITC (99.9% purity) was kindly supplied by Multiapex Pharma Drug Company (Egypt). The pharmaceutical products used were (1) Itrapex capsules (Apex pharma Co., Egypt), (2) Itracon capsules (Global Napi pharmaceuticals Co., Egypt), (3) Itranox capsules (Adwia Pharmaceutical Co., Egypt). All drugs contain 100 mg ITC/capsule. They were obtained from local pharmacies. Plasma samples were obtained from Egyptian Research and Development Company and kept frozen until using after gentle thawing.

2.2. Reagents and chemicals

All Reagents were of Analytical Reagent Grade and solvents were of HPLC grade. High purity water was obtained by Elga Labwater, Prima 7 (UK) and it was used throughout the study.

Methanol, 1-propanol and acetonitrile (HPLC grade) were obtained from Sigma-Aldrich (Germany). Ortho-phosphoric acid (85%, w:v), triethylamine (TEA) and sodium dodecyl sulphate (SDS, 99%) were obtained from Riedel-deHäen (Sleeze, Germany). Sodium Hydroxide, Hydrochloric acid (32%, w:v) were purchased from El-Nasr Company, Egypt. Hydrogen peroxide (30%, w:v) was obtained from Luna industrial group (6th of October City, Egypt).

2.3. Instrumentations

The MLC method was performed on a Gilson HPLC system equipped with a UV-VIS 156 detector and Gilson 321 pump. (Middleton, USA). Analytical data is stored in a computer equipped with Unipoint software and connected to the chromatographic system by a Gilson system interface. Vortex used was VWR VV3 S540 International West Charter-USA. Centrifuge used was centurion, (West Sussex-UK). The phobile phase was filtered through Charles Austen Pumps Ltd. filter, model-B100 SE (England, UK) using 0.45 µm milli-pore filters (Gelman, Germany). UV-visible spectrophotometer used was Jasco, V-530, (Tokyo, Japan). Ultrasonic bath used was Falc, (Treviglio-Italy).

2.4. Chromatographic conditions

MLC was performed on a μ Bondapack Cyano column (3.9 × 150 mm, 5 μ m particle size), waters Corporation, Ireland using micellar mobile phase consisting of 0.1 M sodium dodecyl sulphate (SDS), 20% 1-propanol, 0.3% triethylamine (TEA) in 0.02 M ortho-phosphoric acid (pH = 3.5). The mobile phase was filtered and sonicated for 30 min before use. The flow rate was 2.0 mL/min and sample injection volumes were 20 μ L at room temperature (25 °C). The UV detector was operated at 258 nm.

2.5. Standard solutions

Standard stock solution (400 μ g/mL) of ITC was prepared by dissolving 10 mg ITC in 25 mL methanol then the solution was sonicated in an ultrasonic bath for 5 minutes. The solutions were found to be stable for 3 days at room temperature. Working standard solutions (120-320 μ g/mL) were prepared by appropriate dilutions of the standard stock solution with the mobile phase.

2.6. Preparation of pharmaceutical products

Take the contents of 20 capsules and determine the average weight of content per capsule. Accurate weight of the powder equivalent to 10 mg ITC was dissolved in 25 mL methanol then sonication for 15 min and filtered.

2.7. Plasma sample extraction

1 mL of human plasma was transferred into a centrifuge tube, spiked with 1 mL of ITC and deprotenized with 2 mL acetonitrile (ACN), then vortex. Final concentrations were 125, 150 and 175 μg ITC/mL, respectively. The solutions were centrifuged at 5000 rpm for 15 minutes. Then, the solutions were filtered through a disposable syringe filter (0.45 μm) before column injection.

Parameter	Variation	No of theoretical plates (N)	Capacity factor (K')	Selectivity factor	Peak width (10%)	Tailing factor (ta)
рН	2.5	640	2.15	6.26	0.59	1.46
	3.5	505	1.43	4.77	0.38	1.23
	4.5	465	1.39	4.73	0.36	1.25
Conc. of SDS (M)	0.07	382	2.52	5.66	0.76	1.23
	0.1	522	1.60	4.92	0.35	1.30
Conc. of 1-propanol (% v:v)	10	103	1.86	2.89	0.88	1.20
	14	177	1.76	2.80	0.74	1.26
	20	522	1.60	4.83	0.37	1.30
Flow rate (mL/min)	1.0	525	4.54	7.08	1.25	1.42
	1.5	562	4.58	7.34	0.98	1.44
	2.0	575	1.60	3.60	0.36	1.23
Conc. of TEA (% <i>v</i> : <i>v</i>)	0.2	96	1.69	2.75	0.70	1.30
	0.3	505	1.60	3.60	0.36	1.20

Table 1. Optimization of chromatographic conditions for the separation of ITC.

2.8. Sample degradation

An appropriate amount of ITC at a final concentration of 500 μ g/mL in 1 N alcoholic HCl was left for 24 hours then the solution was filtered and 4 mL was taken into 10 mL volumetric flask and the volume was completed with the mobile phase, sonicated and triplicate 20 μ L injections were made. The same experiment was repeated but in 1 N alcoholic NaOH, 30% H₂O₂ or the solutions of ITC were left in the sunlight for 24 hrs. Each experiment was carried out in triplicate. The nominal contents of ITC were calculated using the constructed calibration graph or from the corresponding regression equation

3. Results and discussion

The proposed MLC method represents a rapid and sensitive stability-indicating assay method for the simultaneous determination of ITC in bulk and commercial capsules. By virtue of its high sensitivity, it was applied for the determination of ITC in human plasma with no need for tedious sample pre-treatment steps. Moreover, it was extended to investigate the inherent stability of ITC under different stressed conditions.

Different parameters affecting the chromatographic performance of ITC were carefully studied in order to achieve the most suitable chromatographic system. The results of the optimization study can be summarized as follows:

3.1. Choice of appropriate detection wavelength

ITC exhibits maximum absorption at 258 and 262 nm when measured in the mobile phase and in methanol, respectively. So, 258 nm was selected as it gives reasonable sensitivity. The absorption spectrum of ITC in the micellar mobile phase is shown in Figure 2.



Figure 2. Absorption spectrum of ITC in the micellar mobile phase.

3.2. Choice of column

To investigate the chromatographic performance, different columns had been tried, these include reversed-phase C₃, reversed-phase C₁₈, bonded phase cyano and bonded phase phenyl columns. Experimental trials revealed that the μ Bondapack Cyano column (3.9 × 150 mm, 5 μ m particle size) was the most suitable one giving narrower symmetric peaks and highest number of theoretical plates within a reasonable analysis time as shown in Figure 3 and Table 1.



Figure 3. ITC Chromatogram under optimum chromatographic conditions using μ bondapack cyano column (a) Solvent front peak (b) ITC peak (200 μ g/mL).

3.3. Mobile phase composition

To achieve the appropriate chromatographic conditions, the mobile phase composition was optimized to provide sufficient selectivity and sensitivity in a short separation time. The studied variables included; the pH of the mobile phase, flow rate, concentration of SDS, organic modifier and TEA. The results of such optimization study are presented in Table 1.

3.3.1. pH of the mobile phase

The effect of pH of the mobile phase was studied over the range of 2.5-4.5. Increasing the pH of the mobile phase more than 3.5 caused increase in the retention time of ITC. Therefore, pH = 3.5 was selected as the optimum pH value for the mobile phase yielding highest number of theoretical plates with good peak shape and lowest peak tailing.

3.3.2. Concentration of SDS

SDS concentration was varied over the range of 0.07-0.10 M. Mobile phase containing 0.07 M SDS resulted in very broad peak. The retention time of the drug decreased as the molar concentration of SDS increased.

Parameter	Proposed method	Comparison method [2]		
	Conc. taken (µg/mL)	Conc. found (µg/mL)	% Found *	% Found *
	120	121.6	101.3	100.9
	160	157.2	98.3	99.1
	200	200.9	100.5	102.0
	240	240.3	100.1	100.2
	320	319.9	100.0	99.2
x±SD			100.04±1.1	100.3±1.2
t	0.3 (1.9) **			
F	1.2 (6.4)**			

 Table 2. Accuracy of the proposed MLC method for the determination of ITC.

* Each result is the average of three separate determinations.

** Values between parentheses are the tabulated t and F values at n = 15 and p = 0.05 [26].

The best compromise in terms of run time, efficiency and peak symmetry was achieved upon using a mobile phase containing 0.10 M SDS.

3.3.3. Concentration of organic modifier

Concentration of 1-propanol was varied over the range of 10-20%. As expected, the retention of ITC decreases as percentage of organic modifier increases. In addition, peak broadening was observed at low concentrations of 1-propanol. A concentration of 20% of 1-propanol was chosen as the optimal concentration, where it offers a good combination of peak symmetry and analysis time. Zero concentration of propanol was tried and no peak appears till 20 min.

3.3.4. Concentration of triethyl amine (TEA)

TEA is added to the mobile phase to bind the silanol groups. This reduces the tailing of basic compounds which is not due to the micellar phase. To study the influence of the concentration of TEA on the peak of ITC, it was varied over the range of 0.2-0.3%. It was found that the peak tailing, peak asymmetry and number of theoretical plates are better with 0.3% TEA. The recorded performance parameters were listed in Table 1.

3.3.5. Flow rate of the mobile phase

The effect of flow rate of the mobile phase on the retention of ITC was investigated over the range of 1.0-2.0 mL/min. Flow rate of 2.0 mL/min was chosen since it provides better peak shape within a reasonable time.

After optimization of these variables, best peak shape and lowest peak tailing were achieved with well-defined peaks and good sensitivity within a reasonable analytical run time. Figure 3 represents a chromatogram indicating the good retention of ITC under the optimum chromatographic conditions.

3.4. Method validation

The validity of the proposed method was assessed by studying the following parameters in accordance to ICH guideline [25]: linearity, LOD, LOQ, accuracy, precision, selectivity, sample solution stability, mobile phase stability, system suitability and robustness.

3.4.1. Linearity

Under the optimum chromatographic conditions, a linear relationship was established over the concentration ranges of 16.4-320.0 μ g/mL ITC (Figure 4) with good correlation coefficient (*r*) and relative standard deviation (R.S.D.) (1.05%) according to the following regression equation:

$$y = 15545 x - 40170 (r = 0.9997)$$
(1)

Limit of detection (LOD) (The lowest concentration that can be determined) and Limit of quantification (LOQ) (The lowest concentration of a substance that can be quantified with acceptable precision and accuracy) for ITC were calculated according to ICH Q2 (R1) recommendation [25]. LOD and LOQ were found 5.4 and 16.4 μ g/mL, respectively.



Figure 4. Calibration curve for MLC determination of ITC.

3.4.2. Accuracy

To prove the accuracy of the proposed method, the results of the assay of ITC in pure form by the proposed MLC method were compared with those obtained using a reference HPLC method [2]. Statistical comparison using *t*-test and *F*-test revealed no significant differences between the performance of the two methods regarding the accuracy and precision, respectively as illustrated in Table 2.

3.4.3. Precision

Intra-day precision was achieved by six replicate determination of 200 μ g/mL in the three dosage forms on three successive times in the same day. Inter-day precision was performed as intra-day precision but on three successive days. Small values of %error and %RSD revealed the precision of the proposed method. The results are illustrated in Table 3.

3.4.4. Selectivity

The Selectivity of the proposed MLC method was established by its ability to determine ITC in commercial capsules without interference from common tablet additives. The common capsule additives did not show any interfering peaks at the retention times of the drug, which proved the homogeneity and purity of the peak. Furthermore, to evaluate the specificity of the method to determine ITC in human plasma, blank plasma was diluted with the micellar mobile phase and injected under the recommended chromatographic conditions. No endogenous interference was observed at the retention time of ITC, proving the specificity of the method.

Parameters	% Found±SD	%RSD	%Error	
Intra-day precision				
Itrapex cap	102.8±1.4	1.36	0.3	
Itracon cap	99.2±1.2	1.21	0.3	
Itranox cap	103.5±0.5	0.51	0.1	
Inter-day precision				
Itrapex cap	103.4±1.2	1.16	0.3	
Itracon cap	98.2±1.2	1.22	0.3	
Itranox cap	102.2±0.8	0.78	0.2	
Table 4. SST parameters for	the developed 200 μg/mL MLC method.			
Parameters			ITC	
No of theoretical plates, N			505	
Capacity factor, K'			2.02	
Selectivity factor, α			2.02	
Resolution factor, Rs			4.68	

 Table 3. Precision data of the proposed method for the determination of ITC in dosage forms.

Forced degradation studies were also performed to evaluate the validity of the method. The results obtained indicated that the proposed MLC method is selective and able to determine ITC in presence of its degradation products.

3.4.5. Sample solution stability and mobile phase stability

Evaluation of the stability of ITC solution was achieved by quantification of ITC on three successive days and comparison to freshly prepared solution. Similarly, the stability of the mobile phase was checked. No significant changes were observed in standard solution or mobile phase responses, proved that they were stable up to 3 days.

3.4.6. System suitability test (SST)

Evaluation of SST parameters was performed during the development and optimization of the method. Moreover, to ascertain the effectiveness of the final operating system, it was subjected to suitability testing. The test was performed by injecting the standard sample in triplicate and the SST parameters were calculated as reported by USP [27] which include capacity factor (k'), selectivity factor (α), Resolution factor (R_s), column efficiency (number of theoretical plates, N). The final SST parameters under the optimum chromatographic conditions are summarized in Table 4.

3.4.7. Robustness

To assess the robustness of the proposed MLC method, the chromatographic conditions were deliberately altered such as concentration of 1-propanol ($20\pm0.5\%$, *v:v*), strength of orthophosphoric acid (0.02 ± 0.005 M), concentration of TEA ($0.3\pm0.01\%$). The efficiency of the separation of ITC was not affected indicating the reliability of the proposed method. Therefore, the method is robust to the small changes in experimental conditions.

3.5. Applications

3.5.1. Application of the proposed method to the determination of ITC in capsules

The developed MLC method was applied successfully for the assay of ITC in commercial capsules as shown in Figure 5. The results obtained by the developed MLC method were statistically compared with those of the reference HPLC method [2] using the *t*-test and *F*-test. The results show that there were no significant differences between the developed and reference methods regarding accuracy and precision, respectively as illustrated in Table 5.

The proposed method showed satisfactory results for determination of ITC in spiked human plasma. The assay results using the proposed method are summarized in Table 6.

3.5.2. Application of the proposed method to the determination of ITC in spiked human plasma

MLC allows biological samples to be analyzed without prior tedious pre-treatment for plasma protein precipitation or elimination of other interfering substances, thus considerably reducing the cost and analysis time. The proposed MLC method was successfully applied to the determination of ITC in spiked human plasma.



Figure 5. Representative chromatogram showing 200 µg/mL ITC in different capsule formulations, where: (A) Itracon capsule (B) Itrapex capsule (C) Itranox capsule.

 Table 5. Application of the proposed and reference method for the determination of ITC in capsules.

Pharmaceutical	% Found *, mean± SD			
preparation	Proposed	Reference [2]		
Itrapex cap	99.3±1.2	99.6±1.5		
t **	0.3	-		
F **	1.7	-		
Itranox cap	105.1±0.5	104.4±0.8		
t **	0.3	-		
F **	2.3	-		
Itracon cap	106.4±0.6	106.6±0.6		
t **	0.4	-		
F **	1.2	-		

* Each result is the average of five separate determinations and each one repeated three times.

** The tabulated t = 1.9 and F = 6.4 at n = 15 and p = 0.05 [26].

Table 6. Assay Results for the determination of ITC in spiked human plasma using the proposed method.

Parameter	Conc. added (µg/mL)	Conc. found (µg/mL)	% Recovery *
Spiked plasma	125	125.4	100.3
	150	145.6	97.1
	175	166.2	94.9
Mean %±SD	97.5±2.7		
% R.S.D	2.8		
0/ Ennon	0.0		

<u>% Error</u> 0.9 * Each result is the average of three separate determinations.

3.5.3. Results of stress testing studies

Stability testing of ITC was performed under various stress conditions in order to assure the selectivity and provide an indication of the stability-indicating properties of the proposed MLC method.

The studied compound is found to be highly labile to alkaline hydrolysis which resulted in about 85 and 82% degradation of ITC in itrapex and itracon capsule, respectively, while the peak of ITC in itranox capsule was nearly diminished as illustrated in Figure 6. Where the acidic degradation using 1 N HCl for 24 hrs showed that about 10% degradation in the three dosage forms as illustrated in Figure 7. Exposure of ITC capsules to oxidative degradation by 30% H_2O_2 for 24 hrs, about 69, 63 and 65 % degradation of ITC in itrapex cap, itranox cap. and iracon cap., respectively, as illustrated in Figure 8. ITC did not exhibit any degradation peaks that could interfere with the proposed MLC method. No degradation was seen under photolytic conditions.



Figure 6. Alkaline degradation of 200 µg/mL ITC in its three dosage forms.

4. Conclusion

The proposed MLC method represents a new rapid and sensitive stability-indicating assay for the determination of ITC in bulk and commercial capsules. The proposed method was applied successfully for the determination of ITC in human plasma with no need for tedious sample pre-treatment steps. In addition, the proposed method was extended to investigate the inherent stability of ITC under different stress conditions.



Figure 7. Acidic degradation of 200 $\mu g/mL$ ITC in its three dosage forms.



Figure 8. Oxidative degradation of 200 $\mu g/mL$ ITC in its three dosage forms.

Acknowledgements

The authors thank Egyptian Research and Development Company for kindly effort providing during this work.

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